

**FOR HYPOTHYROIDISM**

**NP THYROID® (THYROID TABLETS, USP)  
MAY HELP YOU**

**GET IN TUNE**



## Discussing hypothyroidism with your healthcare provider

Are you experiencing persistent hypothyroidism symptoms? It's important to find a treatment approach that works for you—one that can offer relief from symptoms while helping to control your lab levels. Fill out this form and discuss the results with your healthcare provider.

### Check all symptoms you're experiencing<sup>1-9</sup>:

Problems concentrating

Slowed heart rate

Muscle cramps and stiffness

New or worsening depression

Constipation

Numbness or tingling

Moodiness

Weight gain or fluid retention

Heavy or irregular menstrual cycles

Forgetfulness

Elevated cholesterol

Loss of energy or persistent fatigue

Goiter (enlarged thyroid)

Dry or itchy skin

Family history of hypothyroidism or autoimmune disease

Hair loss

Infertility

Brittle hair or nails

Increased cold sensitivity

Puffy face

Anemia

Hoarseness

Joint aches

All of my symptoms started at roughly the same time around this date: \_\_\_\_\_

All of my symptoms started at different times (write the approximate date of onset next to each symptom above).

Note that DTE products, including NP Thyroid®, have not been reviewed by the FDA for safety or efficacy.

#### IMPORTANT RISK INFORMATION

Drugs with thyroid hormone activity, alone or together with other therapeutic agents, have been used for the treatment of obesity. In euthyroid patients, doses within the range of daily hormonal requirements are ineffective for weight reduction. Larger doses may produce serious or even life-threatening manifestations of toxicity, particularly when given in association with sympathomimetic amines such as those used for their anorectic effects.

Please see Important Risk Information on page 3. For full Prescribing Information, including BOXED WARNING, visit [npthyroid.com/pi](http://npthyroid.com/pi)

 **NP Thyroid®**  
(Thyroid Tablets, USP)

# Questions to ask your healthcare provider:

- 1 What are the different types of treatment options available for people with hypothyroidism?
- 2 What is naturally-derived\* desiccated thyroid treatment and why might it be a treatment option for some people?
- 3 How do I take the medication I'm prescribed and how long before it starts to work?
- 4 What if my medication isn't working and I'm continuing to experience symptoms?

Did you know? Studies show up to 15% of patients on synthetic L-T4 monotherapy may have persistent hypothyroidism symptoms despite normal TSH levels.<sup>†,10</sup>

Ask your provider about NP Thyroid®, a naturally-derived\* desiccated thyroid therapy option that can help you individualize your approach to treating your hypothyroidism.<sup>12</sup>



**A naturally-derived\* desiccated thyroid treatment option** containing T4 and T3 in one tablet<sup>12</sup>



**Active Pharmaceutical Ingredient (API)** and finished product manufactured in FDA-regulated and -inspected facilities<sup>11</sup>



**Contains no** dyes or ingredient made from a gluten-containing grain (wheat, barley, or rye)<sup>12</sup>



**More affordable** than other desiccated thyroid extract (DTE) products on the market<sup>11</sup>

Learn more at [npthyroid.com](http://npthyroid.com)

\*Naturally-derived refers to the biological nature of the porcine-derived desiccated thyroid ingredient found in the product.

†Therapy brands were not specified in the studies.<sup>10</sup>

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## IMPORTANT RISK INFORMATION (continued)

### When should I not take NP Thyroid®?

NP Thyroid® should not be used for weight loss. Do not use NP Thyroid® if you have hyperthyroidism, overactive thyroid, uncorrected adrenal problems, or are allergic to any of its ingredients.

Please see Important Risk Information on page 3. For full Prescribing Information, including BOXED WARNING, visit [npthyroid.com/pi](http://npthyroid.com/pi)



## USE AND IMPORTANT RISK INFORMATION, INCLUDING BOXED WARNING

### What is NP Thyroid® (thyroid tablets, USP) used for?

NP Thyroid® is a prescription medicine that is used to treat a condition called hypothyroidism from any cause, except for cases of temporary hypothyroidism, which is usually associated with an inflammation of the thyroid (thyroiditis). It is meant to replace or supplement a hormone that is usually made by your thyroid gland.

NP Thyroid® is also used in the treatment and prevention of normal functioning thyroid goiters, such as thyroid nodules, Hashimoto's thyroiditis, multinodular goiter, and in the management of thyroid cancer.

### IMPORTANT RISK INFORMATION

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### What warnings should I know about NP Thyroid®?

Large doses of NP Thyroid® may cause serious or life-threatening side effects, including chest pain, increased pulse rate, rapid, strong, irregular heartbeat, and excessive sweating.

NP Thyroid® should be used with caution in people with heart disease, on diabetes medication, or on blood-thinning medication.

Partial loss of hair may be experienced by children in the first few months of thyroid therapy, but this will usually go away on its own.

### What should I tell my healthcare provider?

Tell your doctor immediately if you experience chest pain, increased pulse rate, rapid, strong, irregular heartbeat, excessive sweating, or any other unusual event.

Tell your doctor about any other medical conditions you may have, especially heart disease, diabetes, blood clotting problems, and adrenal or pituitary gland problems. The dose of other drugs you may be taking to control these conditions may have to be changed while you are taking NP Thyroid®.

If you have diabetes, check your blood sugar levels and/or the glucose in your urine, as ordered by your doctor and immediately tell your doctor if there are any changes.

Tell your doctor if you are allergic to any foods or drugs, are pregnant or plan to become pregnant, are breastfeeding or are taking any other drugs, as well as prescription and over-the-counter products.

### What are the side effects of NP Thyroid®?

Side effects may include chest pain, increased pulse rate, rapid, strong, irregular heartbeat, or excessive sweating. If you experience these side effects, immediately contact your doctor.

### What other medications might interact with NP Thyroid®?

NP Thyroid® can interact with some medications, such as oral anticoagulants, which are medicines used to thin the blood, insulin or oral medications used to treat diabetes, certain medications used to treat high cholesterol levels, and estrogen containing birth control pills.

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You may report side effects to Acella Pharmaceuticals, LLC at 1-800-541-4802 or to the FDA at 1-800-FDA-1088.



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